



INNOVATIVE COLLEGE OF PHARMACY

Affiliated To Dr. A.P.J. Abdul Kalam Technical University, Lucknow, U.P. & Approved By PCI

**Notice, Detailed Report with
Photographs of Extension
Activities organized in
Academic Session 2021-22**



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NOTICE

Dear all students and esteemed faculty,

We are pleased to announce that the Innovative college of pharmacy are organizing international yoga day on 21st june 2022. This annual event is a wonderful opportunity for us to come together to promote physical, mental, and spiritual well-being through the practice of yoga. This event is open to all students, faculty, and staff members. No prior experience in yoga is necessary—beginners are especially welcome! Join us in celebrating International Yoga Day and discover the numerous benefits of yoga for your body and mind. We look forward to your enthusiastic participation.

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Report on International Yoga Day

Introduction

On **21 June 2022** Innovative college of pharmacy organized International Yoga Day, observed every year on June 21st, celebrates the physical, mental, and spiritual benefits of practicing yoga. Established by the United Nations in 2014 and first celebrated in 2015, this day promotes global awareness of yoga's positive impact on health and well-being.

History

The initiative for International Yoga Day was proposed by Indian Prime Minister Narendra Modi at the United Nations General Assembly in 2014. His suggestion was met with overwhelming support, with 177 member states co-sponsoring the resolution. June 21st was chosen for its significance as the longest day of the year in the Northern Hemisphere, a day that holds special meaning in many parts of the world.

Significance

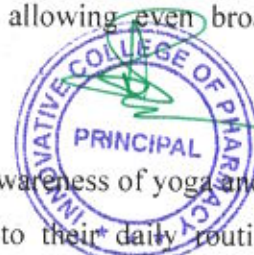
Yoga, an ancient practice originating in India, combines physical postures, breathing exercises, and meditation. It is celebrated worldwide for its benefits, which include improved flexibility, reduced stress, enhanced mental clarity, and a sense of peace and well-being. The day also highlights the cultural heritage of yoga and promotes a healthy lifestyle in harmony with nature.

Celebrations

International Yoga Day is marked by a variety of events, including mass yoga sessions, workshops, and demonstrations held in cities and communities worldwide. These events, often led by experienced yoga instructors, are attended by people of all ages and skill levels. Due to the COVID-19 pandemic, many activities have also moved online, allowing even broader participation.

Impact

The celebration of International Yoga Day has greatly increased global awareness of yoga and its benefits. It has encouraged many individuals to incorporate yoga into their daily routines, fostering physical fitness and mental well-being. The day also promotes cultural exchange,





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bringing together people from different backgrounds to celebrate a shared interest in health and mindfulness.

Conclusion

International Yoga Day is a global celebration of the ancient practice of yoga and its benefits. It encourages people worldwide to engage in yoga, promoting a holistic approach to health and well-being. The day is a reminder of the importance of maintaining a healthy lifestyle and the universal appeal of yoga as a tool for achieving balance and peace in life.



Embrace the flow





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NOTICE

VISIT TO NURSING HOME CARE CENTRE

The Social Service Committee of Innovative college of pharmacy is organizing a visit to **Old Age Home - Nursing Care Center on Saturday, 13 April, 2022 from 10:00 AM to 1:00 PM.**

About the visit: The purpose of this tour is to provide the students a chance to talk with the elderly inhabitants of the old age home and gain an understanding of the difficulties that they experience. It's a great opportunity to share happiness and listen with empathy as they share their experiences.

By April 13, 2022, interested students are asked to register their names with the committee members. Together, let's make this an occasion our seniors will never forget and gain insight from their tenacity and knowledge.

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Visit Report: Old Age Home - Nursing Care Center

Date: 13th April, 2022 Time: 10:00 AM - 1:00 PM

Overview:

The Social Service Committee of the Innovative college of pharmacy organized a visit to the Old Age Home - Nursing Care Center on 13th April, 2022. The purpose of the visit was to provide students with an opportunity to interact with the residents of the old age home and gain insight into the challenges faced by the elderly population.

Activities:

The nursing care center's staff and residents welcomed the students with open arms when they arrived. The students were given an overview of the daily schedule, amenities, and difficulties faced by the senior citizens during the first part of the visit. Students actively engaged in various activities planned for the visit, including:

1. Interactive Sessions:

Students have the chance to converse meaningfully with the senior citizens and hear about their life experiences. This gave locals and students a forum to express their ideas and viewpoints.

2. Entertainment:

Students planned games, dance, and music performances as a way to convey joy and happiness. The inmates' spirits were elevated by the lively atmosphere, which also promoted a sense of community.

3. Compassionate Interaction:

Students showed compassion and understanding for the older elders during the visit. They showed genuine concern and care, and they listened and offered company.





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Reflections:

The kids learnt a great deal from their tour to the Old Age Home - Nursing Care Centre. It made it possible for them to comprehend the difficulties that the senior population faces on a deeper level and to recognise the value of compassion and social responsibility. The students were inspired and motivated to make a positive impact on the lives of others by the senior residents' perseverance and knowledge.

Conclusion:

The students' enthusiastic engagement and active participation made the tour a huge success. It was a timely reminder of the value of developing deep relationships with senior citizens and advocating for an environment that values and respects their needs. We would like to express our gratitude to the employees and residents of the Old Age Home - Nursing Care Centre for making us feel so welcome and for adding so much warmth and hospitality to our visit.





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Blessing taken by student of Innovative college of pharmacy



A beautiful grace on the face





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NOTICE

Dear all students,

Innovative college of pharmacy takes immense pleasure in announcing an upcoming event aimed at raising awareness about the importance of soil conservation and sustainable practices, titled "Save Soil Campaign". The event will be held on **May 5, 2022**. We invite all students, faculty, and staff members to participate in this important event and contribute to our collective efforts towards safeguarding our planet's most precious resource - **soil**

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Event Report: Save Soil

The Save Soil Campaign organized by the Innovative college of pharmacy on May 5, 2022, was a resounding success, bringing together students, faculty, and environmental enthusiasts to raise awareness about the importance of soil conservation and sustainable practices.

We are honored to have Mr. Gopal Aggarwal, an esteemed environmentalist and advocate for sustainable development, as our distinguished guest for the event. Mr. Aggarwal's insights and expertise in the field will undoubtedly enrich our understanding of the critical role soil plays in ensuring a healthy environment for present and future generations.

The Save Soil Campaign included thought-provoking presentations, lively debates, and interesting talks on a range of topics related to soil conservation, such as the difficulties encountered, creative solutions, and the function of legal frameworks in supporting sustainable soil management techniques.

The first address of the event focused on the importance of maintaining soil health in order to ensure food security, conserve biodiversity, and lessen the effects of climate change. Mr. Gopal Aggarwal, the keynote speaker, gave a motivational speech about the pressing need for group action to combat soil degradation and stressed the function of legal frameworks in advancing sustainable soil management techniques.

Engaging lectures and panel discussions on a range of topics related to soil conservation, such as soil erosion, contamination, desertification, and the use of agro-ecological techniques, were part of the Save Soil Campaign. By actively sharing their opinions and thoughts, participants helped to create a meaningful conversation about possible approaches and solutions to problems relating to soil.

Attendees gained useful knowledge on soil testing procedures, organic farming practices, and community-led soil restoration projects from interactive sessions and workshops. Through networking with scholars, environmental specialists, and representatives of non-governmental organisations, participants were able to exchange expertise and explore prospects for





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collaboration.

At a pledge ceremony that marked the end of the event, participants promised to take specific steps to preserve and safeguard soil resources in their own areas of influence. Participants expressed gratitude for the thought-provoking talks and the chance to have in-depth conversations on important environmental issues.

The Save Soil Campaign served as a catalyst for raising awareness and mobilizing collective action towards ensuring the long-term sustainability of our planet's most valuable resource - soil.

The Innovative college of pharmacy remains committed to promoting environmental stewardship and fostering a culture of sustainability within the academic community and beyond.

We extend our sincere gratitude to Mr. Gopal Aggarwal, our esteemed guest speaker, all participants, volunteers, and partners for their invaluable contributions to the success of the event.



No land , No life





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Soil : Our silent lifeline





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NOTICE

Dear all students and esteemed faculty,

We are excited to announce that Innovative college of pharmacy is organizing a Plantation Day on February 5, 2022. This initiative is aimed at contributing to environmental sustainability and fostering a greener campus. All students, faculty, and staff are invited to participate actively in this noble cause. Together, let's take a step towards a greener and healthier environment.

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Event Report: Plantation Day

Date: February 5, 2022

Introduction:

On February 5, 2022, Innovative college of pharmacy organized a Plantation Day with the aim of promoting environmental sustainability and creating a greener campus. The event was a collaborative effort involving students, faculty, and staff members.

Event Details:

The Plantation Day commenced at 10 am. at the designated venue on campus. Participants gathered with enthusiasm, ready to contribute to the cause of environmental conservation. The event began with a brief introduction by our head of department Dr. Amarjeet singh, highlighting the importance of tree plantation in mitigating climate change and preserving biodiversity.

Plantation Activity:

Saplings of native tree species that suited the environment in the area were given to the participants. Everyone happily planted seedlings in designated spots throughout the campus, guided by knowledgeable volunteers. People were cooperating to improve the environment, and there was a strong sense of purpose and camaraderie in the air.

Awareness Session:

An awareness workshop was held to inform participants about the importance of trees in preserving ecological balance and enhancing air quality after the plantation process. The function of trees in water conservation, wildlife habitat provision, and carbon sequestration were among the important subjects covered.

Conclusion:

Thanks to the enthusiastic involvement and support of students, professors, and staff, Innovative College of Pharmacy's Plantation Day on February 5, 2022, was a huge success. By this program, we have increased the amount of green space on our campus and given the participants a sense of environmental responsibility. We're determined to hold more occasions like this in the





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future to carry out our mission of creating an environmentally conscious and sustainable campus community.



Grow and Give



Plant a tree today, for a better tomorrow





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NOTICE

Dear Students,

We are pleased to announce that the **students of Innovative college of pharmacy will be visiting Jagshanti Udayan Ghar Orphanage on 24th may 2022.** This visit is organized as part of our ongoing efforts to foster social responsibility and community engagement among our students.

All students interested in participating in this visit are requested to **register their names with the undersigned by 15th may 2022.** Please note that participation is voluntary but highly encouraged.

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Report on Visit to Orphanage Organized by Innovative college of pharmacy

Date: 24th May 2022

Introduction: On the 24th May 2022, the students and faculty members of the Innovative college of pharmacy undertook a visit to the local orphanage as part of our institution's community engagement initiative. The purpose of the visit was to interact with the children, understand their needs, and explore ways in which we could contribute to their well-being.

Participants:

- Faculty members of the Innovative college of pharmacy
- Students from various batches and departments

Objectives:

1. To spend quality time with the children and spread joy and positivity.
2. To understand the living conditions and challenges faced by the children in the orphanage.
3. To identify areas where the Institute could provide support and assistance.
4. To foster a spirit of empathy and social responsibility among the students.

Activities:

1. **Interactive Sessions:** The visit started with participatory activities where teachers and students played games, told stories, and had conversations with the kids.
2. **Distribution of Gifts:** As a gesture of goodwill, the students had collected donations and gifts prior to the visit. These gifts, including stationery items, toys, and books, were distributed among the children, bringing smiles to their faces.
3. **Skill Development Workshops:** A number of skill-development workshops, including





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painting, drawing, and basic computer literacy, were arranged. The children's confidence was to be increased and they were to be given new learning experiences through these activities.

4. **Discussion with Orphanage Staff:** Faculty members had discussions with the staff of the orphanage to understand the specific needs and challenges faced by the institution. This interaction helped in identifying areas where the Institute could extend its support in the future.

Outcomes:

1. **Enhanced Well-being:** The visit brought joy and happiness to the children, providing them with a memorable experience and a sense of belonging.
2. **Awareness and Sensitization:** Students' deeper comprehension of the difficulties experienced by orphaned children came from their contacts with them, which made them more aware of societal concerns and encouraged empathy.
3. **Potential Collaborations:** The conversations with the personnel of the orphanage established the groundwork for future partnerships between the Institute and the orphanage concerning academic support, skill development initiatives, and other types of help.

Conclusion: The visit to the orphanage organized by the Innovative college of pharmacy on the 24th May 2022 was a meaningful and enriching experience for both the students and the children. It acted as a helpful reminder of the value of social responsibility and community involvement. The Institute is dedicated to increasing its efforts going forward to favourably impact societal wellbeing.





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Every child deserve a family



Alone we can do so little, together we can do so much





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NOTICE

Dear all students and esteemed faculty

It is with great pleasure that we announce the Innovative college of pharmacy organizing a **Blood Donation Camp**. The camp is scheduled to take place on **December 20th, 2021**.

To promote voluntary blood donation, the Institute is hosting this Blood Donation Camp as part of our dedication to serving the community and helping the admirable cause of saving lives. We implore everyone associated with the Institute to take part in this admirable endeavour and contribute to improving the lives of those who are less fortunate. Your assistance can help save lives and give hope to people and families dealing with urgent medical situations.

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REPORT

Blood Donation Camp at Innovative college of pharmacy

The Blood Donation Camp organized by the Innovative college of pharmacy on November 29th, 2019, was met with overwhelming participation and enthusiasm from students, faculty, staff, and members of the community. The camp aimed to promote voluntary blood donation and contribute to the noble cause of saving lives.

Activities and Highlights:

- 1. Voluntary Blood Donation:** The push for voluntary blood donations was the event's main attraction. Donors showed their dedication to aiding the underprivileged by stepping forward to donate blood, including community people, teachers, workers, and students. Blood donations are much appreciated and will help patients in hospitals and other medical facilities a great deal.
- 2. Medical Check-up:** To guarantee their eligibility and the security of both donors and recipients, all possible donors received a comprehensive medical check prior to donating blood. The examination was performed by medical specialists, who reassured and counselled donors as needed.
- 3. Refreshments:** As a thank you for their altruistic act of blood donation, refreshments were given to each and every donor. The area for refreshments functioned as a place for donors.

Impact and Outcomes:

The Innovative college of pharmacy Blood Donation Camp significantly contributed to the public's understanding of the value of voluntary blood donation. Through the mobilisation of the Institute community and surrounding community, the event was able to increase the supply of blood and maybe save many lives. As campers banded together to support a shared cause, the camp also promoted a culture of compassion and unity. It inspired people to see the worth of their work and the beneficial effects it can have on other people.





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Conclusion:

The Innovative college of pharmacy's Blood Donation Camp was a huge success because of everyone's hard work and encouragement. The occasion demonstrated the Institute's dedication to community involvement and social responsibility. It came to an end on a positive note, with participants departing feeling proud of their part in saving lives and fulfilled.



Blood donation camp





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Blood donation camp at innovative college of pharmacy





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NOTICE

Dear all students and esteemed faculty,

We are pleased to announce that the Innovative college of pharmacy are organizing world environment day on 5th june 2022. This global event aims to raise awareness and encourage action for the protection of our environment. We have organized a series of activities designed to promote sustainability and environmental stewardship. The celebration will begin at 10:00 AM on the college ground, where we will kick off the event with a tree-planting ceremony. Let's come together to celebrate World Environment Day and make a positive impact on our environment. Your presence and participation will significantly contribute to raising awareness and inspiring action within our community.

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Report on World Environment Day

Introduction

On 05 June 2022 Innovative College of Pharmacy organized World Environment Day which is the United Nations' principal vehicle for encouraging worldwide awareness and action for the protection of the environment. Since its inception in 1974, the day has grown to become a global platform for public outreach, with participation from over 150 countries.

Significance

Environmental Awareness: The day aims to raise awareness about pressing environmental issues such as pollution, global warming, sustainable consumption, and wildlife conservation.

Policy Influence: World Environment Day has become a platform for encouraging global governments, organizations, and individuals to take actions that help protect the environment.

Public Engagement: It serves as a day to engage the public in environmental advocacy, promoting sustainable living and highlighting the importance of individual actions in preserving the planet.

Celebrations

Global Events: World Environment Day is marked by activities around the world, including clean-up campaigns, tree planting, environmental workshops, and educational activities.

Government and NGO Initiatives: Various governments and non-governmental organizations (NGOs) organize events and launch initiatives to address specific environmental issues.

Media Campaigns: Extensive media campaigns are run to spread awareness about the theme of the year and the actions individuals and communities can take to contribute to environmental protection.

Corporate Participation: Many businesses also participate by organizing environmentally friendly activities, launching green initiatives, and encouraging sustainable practices within their operations.





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Impact:

Increased Awareness: The day has significantly increased global awareness about environmental issues, leading to a more informed and engaged public.

Policy Changes: It has influenced policy changes and the implementation of environmental regulations and conservation efforts worldwide.

Grassroots Movements: World Environment Day has spurred grassroots movements and local initiatives that contribute to environmental protection and sustainability.

Corporate Responsibility: The day has also encouraged greater corporate responsibility and the adoption of sustainable business practices.

Conclusion:

World Environment Day serves as a crucial reminder of the need to protect and preserve our environment. It highlights the interconnectedness of human actions and the natural world, promoting collective responsibility and action towards a sustainable future. Through global participation and advocacy, World Environment Day continues to inspire change and foster a deeper commitment to environmental stewardship.



Let us protect our environment





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Green India Clean India



Be green to keep it clean





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Dear Students,

We are pleased to announce that as part of our ongoing commitment to community service, the students of **Innovative college of pharmacy actively participated in the distribution of food items under the Annapurna Yojna**. This initiative aimed to provide nutritional support to the underprivileged members of our society, ensuring that no one sleeps hungry.

The distribution of food items took place on **8th January 2022 at Sai Mandir, Beta II, Greater Noida** where our students wholeheartedly volunteered their time and efforts. Their dedication and enthusiasm in serving the community were commendable, reflecting the ethos of Innovative college of pharmacy.

Thank you for your unwavering support and participation.

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Report on Annapoorna Yojana Event

Organized by Innovative college of pharmacy

Date: 8th January 2022

Introduction: The Annapoorna Yojana event organized by the Innovative college of pharmacy aimed to address the prevalent issue of food insecurity and malnutrition in our society. It was held on the *8th January 2022*, with the noble intention of providing nutritious meals to the underprivileged sections of the community.

Objective: The main aim of the Annapoorna Yojana initiative was to mitigate hunger and malnourishment among the underprivileged segments of the population. The event's goal was to guarantee that no one in the neighbourhood goes to bed hungry by offering free, nutritious meals.

Activities: The Innovative college of pharmacy instructors and students greeted everyone in attendance with warmth during the event's inaugural ceremony. A succinct overview of the Annapoorna Yojana initiative and its importance in tackling food insecurity came next. A committed group of volunteers, including staff and students, put in a great deal of effort to prepare and serve wholesome meals to the guests. The menu featured a wide range of foods that were thoughtfully chosen to accommodate the nutritional needs of people with different backgrounds.

The event also included educational seminars on the significance of eating a balanced diet and practicing good eating habits. Prominent nutritionists and specialists were invited to impart their wisdom to the audience, highlighting the importance of a balanced diet for general health and wellbeing.





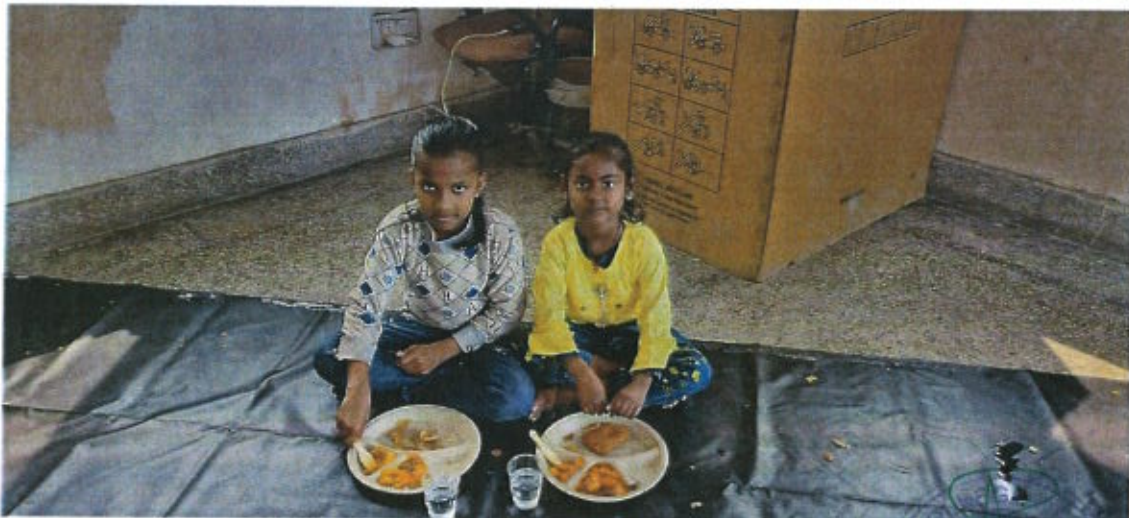
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Impact: The community was greatly impacted by the Annapoorna Yojana event, as hundreds of people, including elderly people, children, and those from low-income families, benefited from the wholesome meals that were served. The occasion was a timely reminder of the value of empathy and teamwork in tackling societal problems like starvation and malnourishment.

Additionally, the educational seminars held during the event assisted in increasing guests' understanding of the need of adopting good eating practices and being nutritionally literate. They were then able to make knowledgeable decisions about their nutrition and way of life as a result.

Conclusion: In conclusion, Thanks to the combined efforts of all those engaged, the Innovative College of Pharmacy's Annapoorna Yojana event was a huge success. The program demonstrated the institute's dedication to social welfare and community service by providing assistance to the less fortunate members of society and stressing the value of nutrition. It is anticipated that projects like this will keep inspiring good change and cultivate a generous and empathetic culture in our society.



Hunger beaten by Innovative college of pharmacy





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Active Participation of students in the distribution of food plates





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NOTICE

Dear all students and esteemed faculty,

We are pleased to announce that the Innovative college of pharmacy are organizing international womens day on 8th march 2022. This day honors the achievements and contributions of women around the world. Let's stand together to promote gender equality, empowerment, and recognition of women's rights. Participate in our events and activities to show your support and appreciation. Happy International Women's Day!

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REPORT

Report on International Women's Day

Introduction

On **8 march 2022** Innovative college of pharmacy organized International Women's Day (IWD) is celebrated annually to honor the social, economic, cultural, and political achievements of women worldwide. This day also marks a call to action for accelerating gender parity and fostering women's rights and empowerment.

Global Celebrations and Events

International Women's Day is marked by various events and activities worldwide. These include marches, rallies, conferences, and cultural performances. Many organizations and institutions, including governments, NGOs, and private companies, organize events to promote women's achievements and advocate for gender equality.

Achievements and Progress

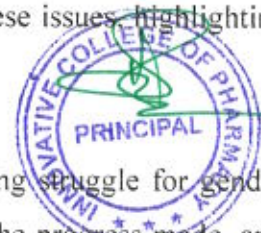
IWD has played a significant role in highlighting the progress made towards gender equality and women's rights. There have been notable improvements in women's access to education, healthcare, and political participation. More women are now in leadership roles, and global awareness about gender-based violence and discrimination has increased.

Challenges and Future Goals

Despite the progress, challenges remain. Women continue to face significant barriers, including wage gaps, underrepresentation in leadership positions, and societal norms that perpetuate gender stereotypes. The COVID-19 pandemic has further exacerbated these issues, highlighting the need for sustained efforts towards achieving gender parity.

Conclusion

International Women's Day serves as a powerful reminder of the ongoing struggle for gender equality. It is a day to celebrate the achievements of women, reflect on the progress made, and





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recognize the challenges that lie ahead. By continuing to advocate for women's rights and gender equality, we can create a more inclusive and equitable world for all.



Women's day celebration





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Strong women, strong world





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NOTICE

Dear Students,

We are pleased to announce that the students of Innovative college of pharmacy are organizing a **Health Camp on 14th June 2022**. This initiative aims to promote health and safety awareness among our campus community and equip everyone with basic first aid skills.

We extend our gratitude to the faculty and administration for their support in organizing this camp. Let us come together to make this initiative a success and promote a culture of safety and preparedness within our campus community.

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Report: Health Camp

Introduction: On June 14th, 2022 a first aid camp was organized at innovative college of pharmacy, with the aim of providing basic medical assistance and education to the community. The event was organized by Innovative college of pharmacy.

Objective : The main goals of the first aid camp were to teach attendees the fundamentals of first aid, increase public awareness of emergency response, and offer emergency medical care to those in need.

Venue : The camp was held at innovative college of pharmacy, a community hub that is easily accessible. It was picked because it was convenient and had enough room for both athletes and medical staff.

Activities:

1. **First Aid Training Sessions:** Interactive training courses on fundamental first aid skills, including CPR, wound treatment, choking relief, and fracture stabilisation, were led by certified medical professionals. It was encouraged of participants to actively participate in demonstrations and to ask questions.
2. **Demonstrations:** First aid procedures were demonstrated in real time, giving participants the chance to see and practise under supervision. This practical method helps solidify knowledge and boost self-assurance when using first aid techniques.
3. **Medical Check-ups:** A special space was reserved for medical examinations, where participants may speak with medical experts about any questions or concerns they may have had about their health. There were blood pressure checks, glucose tests, and overall health evaluations offered.





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4. **Distribution of First Aid Kits:** Each attendee was given a free first aid kit that included necessary items like gloves, bandages, adhesive tape, antiseptic wipes, and scissors. There were instructions on how to utilise each item efficiently demonstrated.
5. **Emergency Response Drill:** Participants' reactions to various medical emergencies were tested in a simulated emergency scenario. Through this activity, their capacity to administer first aid in practical settings was evaluated, and areas requiring development were noted.

Outcome: People from a variety of age groups and backgrounds attended the first aid camp. Participants expressed great pleasure with the training sessions and hands-on demos in their feedback. Many expressed gratitude for the chance to engage with healthcare professionals in a supportive setting and acquire life-saving techniques.

Conclusion: The first aid camp, which took place on December 20, 2021, was a huge success and achieved its goals of giving the community access to medical care, educating people about emergency response, and imparting useful first aid knowledge. The occasion gave attendees the tools to take proactive measures to protect their own and others' health, as well as a reminder of how important it is to be ready to manage medical emergencies.

Recommendations:

1. Organize regular first aid camps to reinforce learning and reach a wider audience.
2. Collaborate with local schools, community centers, and businesses to promote first aid awareness and training.
3. Incorporate advanced first aid techniques and specialized training for specific emergencies in future camps.
4. Collect feedback from participants to continually improve the quality and effectiveness of first aid training programs.





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Health camp





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